Sample In-Text Citation Formats

Simple basic text quote:
“"I like Cookies” (Monster 235).

Introduce the quote:
According to Cookie Monster, “I like cookies” (235).

Blend the quote into your sentence:
Cookies are so good that “cookies are good enough for me” (Monster 235).

Paraphrase:
Use paraphrase when you are tempted to quote very long quotes. Paraphrase is not always the best evidence when you are just summing up what someone else said. Direct Quotes are better. When you do paraphrase, anchor it to the original quote by quoting a few key words or phrases from the thing you are summing up.

Cookies are very good for helping with depression since they raise “chemical levels” in the brain (Monster 235).

Example of Simple Assertion, Evidence, Importance with In-Text Citation as evidence:
Cookies are a great snack, and they make a good cheap dessert. According to Cookie Monster, “Cookies are good. They are good enough for me” (325). Indeed, if the world’s foremost expert on baked goods supports cookies, then they present themselves logical choice for the bake sale.